MARIPOSA COUNTY
BOARD OF SUPERVISORS
DEPARTMENT: Human Services/BHRS
AGENDA ACTION FORM
AGENDA ITEM NO.

BY: Cheryle Rutherford-Kelly
PHONE: 966-2000

RECOMMENDED ACTION AND JUSTIFICATION:
It is respectfully recommended that your Board authorize: (1) this Department to forward a grant application to the State Department of Mental Health necessary for the release of $377,200 allocated to the department; (2) be advised that the programs included in the grant application were designed after multiple meetings in the community; (3) authorize the department to increase the allocated FTE of Office Technician from .50 to 1.00; and (4) upon State approval of the grant, accept the $377,200 of state revenue set aside for this County.

BACKGROUND AND HISTORY OF BOARD ACTIONS:
See Attached

ALTERNATIVES AND CONSEQUENCES OF NEGATIVE ACTION:
See Attached

Financial Impact? ( ) Yes (X) No
Current FY Cost: $0
Budgeted In Current FY? (X) Yes ( ) No ( ) Partially Funded
Amount in Budget: $377,200
Additional Funding Needed: $

Source:
Internal Transfer
Unanticipated Revenue
Transfer Between Funds
Contingency
( ) General ( ) Other

( ) 5/6’s vote
( ) 4/5’s vote

CLERK’S USE ONLY:
Res. No.: 5/5/0
Abs: Absent:
Vote – Ayes: 5 Noes: 0
Approved:
( ) Minute Order Attached ( ) No Action Necessary

The foregoing instrument is a correct copy of the original on file in this office.

Date: __________________________
Attest: MARGIE WILLIAMS, Clerk of the Board
County of Mariposa, State of California

By: __________________________________
Deputy

COUNTY ADMINISTRATIVE OFFICER:
( ) Requested Action Recommended
( ) No Opinion

Comments:

Grant application is currently being completed. Requested actions should include authorizing the Human Services Director to sign the grant application.

CAO: __________________________

Revised Dec. 2002
October 5, 2005

TO: Members, Board of Supervisors
Rich Inman, CAO
FROM: Cheryle Rutherford-Kelly
RE: Behavioral Health / Mental Health Program / Authorization to Apply for $377,200
Set Aside for Mariposa County for a Children’s and Family System of Care and
an Adult System of Care from Proposition 63, The Mental Health Services Act

Recommendation

It is respectfully recommended that your Board authorize: (1) this Department to forward
a grant application to the State Department of Mental Health necessary for the release of
$377,200 allocated to the department; (2) be advised that the programs included in the
grant application were designed after multiple meetings in the community conducted by
the Mental Health Board and the department; (3) authorize the department to increase
the Office Technician from .50 to 1.00 out of the previously approved planning money to
assist with grant and program statistics and development; and (4) upon State approval of
the grant, accept the $377,200 of state revenue set aside for this County.

Background

Proposition 63, the tax on millionaires to support mental health programs, was passed
by 53.4% of the voters in November, 2004. The State Department of Mental Health
made early planning money available with minimum based allocations. Your Board
approved a planning grant application in the amount of $78,905 and that money was
released by the State.

There is also money to be made available for capital construction, IT, innovation and
prevention programs but the State Department of Mental Health has not made those
dollars available. Therefore, start up money will have to come from the $377,200
program allocation and efforts will be made to encourage the State to reimburse
program money spent on IT and space upgrade costs.

Current Situation

The Recovery Philosophy

The State Department of Mental Health has had difficulty with Proposition 63, the Mental
Health Services Act, due to lobbying from special interest groups. Regulations and
information are continually changing. The only thing that has happily not changed is the
fact that the funds must be spent on recovery models for the severely mentally ill. Under
recovery models, which this County began to move towards one year ago, the client is
viewed as a person who can overcome the obstacle of mental illness and lead healthy,
productive lives. A young man, Jay Mahler, who suffered schizophrenia as a young
person, has pushed for such a recovery model. Jay Mahler, who was institutionalized in his late teens, credits his recovery not only to psychiatric medications but to “a woman in a ladies dress shop.” He had been released from an institution and was frightened and alone. He secured a job as a stock boy and took his work breaks with a woman from another store. She accepted him as a person, encouraged him to go to school. He went on to become president of his university and has almost single handedly moved the country towards a recovery model. For three decades, far too many Mental Health Directors and the State had a habit of dismissing what Jay Mahler was saying but he persevered. Client advocates throughout California are indicating they do not want long term psychotherapy; they want supports and help with such things as employment and housing. They want to drive their own treatment and have goals like other people; they state they are tired of being warehoused. With a change in philosophy comes very different treatment approaches than have been accepted in the past. A paradigm shift in thinking is required to adopt the recovery models and, for that reason, the majority of employees in Human Services have been working on this project and providing valuable input into the basic recovery models. They, and the Mental Health Board, have endorsed recovery models but making them work at an optimal level will require an ongoing effort. The staff has put the clients’ needs first, above their own needs for consistency and comfort. It is no easy chore to modify practice and to challenge belief systems but they are in the process of doing just that.

The Process

The release of $377,200 requires the submission of a complex and lengthy three year grant after a public review process. The public hearing must be conducted by the Mental Health Board. Your Mental Health Board has been conducting focus groups and solicited information via questionnaires to gain information as to the type of services the community needs and to gauge the community’s attitude about current service. Current services were seen in a positive light but multiple needs and ideas surfaced. The department also did focus groups with clients and in Yosemite. Two large stakeholders groups were held. Input from focus groups was provided by your Mental Health Board so that the stakeholders could make good decisions at their last meeting which took place on October 3, 2005. A list of focus groups and the stakeholders groups are attached for your information (Attachment I). The Mental Health Board has made a commitment to continue focus groups to assist the department to strengthen and modify programs as well as to apply for new money.

The Two Systems of Care Selected – The Base for Treatment and Future Growth

The program allocation of $377,200 is not enough to support two systems of care (one for adults, one for children and families). A system of care is a multi disciplinary program that includes staff from various units or departments being housed together and offering consistent, intensive services. Other agencies come to the table when necessary based on the presenting problem. Services are provided not only where the employees are housed, but in the home. That approach will help with the provision of services to the outlying areas.

As per information provided to your Board in a related board memo, it is possible to implement two systems of care if your Board accepts an unanticipated Child Welfare and Protection grant in the amount of $465,584 (under separate Board item) and we move some existing staff into systems of care.
The staffing patterns for the system of care and costs are included (Attachment II). A list of assumptions and plans for expansion follow each model. Many of the variances between the former Family Solutions System of Care and this new one occur based on community input. One concern is that the State Department of Mental Health has refused to fund probation officers out of this money. We have held some money back in professional and specialized services to pay for a part time probation officer should the state regulations change. Due to the success of the former program, Gail Neil, Probation Chief, had indicated she will seek other revenue due to the importance of the project. The request for allocation of these positions will come back to your Board for approval once the grant money has been released.

Financial

The County has been allocated $377,200 yearly under the Mental Health Services Act. The money can only be spent on the severely mentally ill and we cannot supplant existing programs or dollars. Due to the lengthy planning process and public hearing requirements, the program will not commence until the last quarter of this fiscal year. Therefore, only 25% of the first year’s allocation is budgeted for programs. The other 75% is reflected in start up costs. The budgets for the next two years will reflect full year operation. Through other grants and the movement of staff, the County can have two systems of care upon which to build programs as needed. The budget action forms will accompany the request for position allocations upon release of the grant funding.
Planning Meetings

Stake Holders Group Meetings

May 4, 2005
October 3, 2005

Focus Group Meetings

Juvenile Justice Commission
Domestic Violence Council
Yosemite National Park
Law Enforcement
Schools
Advertised Invitation Meeting to All Community Members with invitations to those who filled out questionnaires at the County Fair

Departmental Meetings

Client Focus Groups (2)
Staff Meetings in All Units, with Emphasis on Behavioral Health
# Two Systems of Care

## Revenue
- Mental Health Services Act /Prop 63 Grant: 377,200
- Mental Health Medi-Cal: 236,250
- Drug Medi-Cal: 30,025
- Private Insurance & Client Fees: 1,000
- **Total Revenue:** 644,475

## Expenses
### Children and Families System Of Care

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<thead>
<tr>
<th>Position</th>
<th>FTE</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Worker Supervisor II</td>
<td>1.00</td>
<td>83,796</td>
</tr>
<tr>
<td>Social Worker IV</td>
<td>1.00</td>
<td>0</td>
</tr>
<tr>
<td>Alcohol &amp; Drug Sr. Specialist</td>
<td>0.50</td>
<td>25,159</td>
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<tr>
<td>Employment &amp; Training Social Worker III</td>
<td>0.25</td>
<td>0</td>
</tr>
<tr>
<td>Social Services Aide</td>
<td>1.00</td>
<td>33,855</td>
</tr>
<tr>
<td>School Tutor</td>
<td>0.25</td>
<td>0</td>
</tr>
<tr>
<td>Volunteer</td>
<td>0.125</td>
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</tr>
<tr>
<td>Office Technician</td>
<td>1.00</td>
<td>41,721</td>
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<td><strong>Total:</strong></td>
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<td>184,531</td>
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</table>

Overhead @ .95/§$ & Specialized Supplies/Services: 180,041

**Total Program Cost:** 364,572

## Adult System Of Care

<table>
<thead>
<tr>
<th>Position</th>
<th>FTE</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Worker Supervisor I</td>
<td>0.50</td>
<td>32,410</td>
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<tr>
<td>Mental Health Assistant I - specialized</td>
<td>1.00</td>
<td>37,332</td>
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<tr>
<td>Employment &amp; Training Social Worker III</td>
<td>0.75</td>
<td>0</td>
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<tr>
<td>Alcohol &amp; Drug Specialist II</td>
<td>0.50</td>
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<tr>
<td>Public Conservator/Guardian (SW III)</td>
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<tr>
<td>Aide</td>
<td>1.00</td>
<td>33,855</td>
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<tr>
<td>Volunteer</td>
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<tr>
<td>Office Assistant II</td>
<td>0.50</td>
<td>14,296</td>
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<td><strong>Total:</strong></td>
<td>4.875</td>
<td>138,512</td>
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</table>

Overhead @ .95/§$ & Specialized Supplies/Services: 141,390

**Total Program Cost:** 279,902

Grant Surplus (Deficit): 0

SEIU 1.25% increase included.

Attachment II - page 1
ASSUMPTIONS AND FUTURE ACTIONS

CHILDREN
• Work with Probation towards funding a P.O./Prof & Specialized Cost
• Request that First 5 fund a child therapist for children under age 6 & their families.
• Link this System of Care into Single Case Planning effort.
• Coordinate with Ministerial Association/Request Joint Work for Religious Families.
• Link with Parents as Teachers.
• Link with A&D Continuum of Care (if approved by the Board on 10-11-05).
• Fund a part time parenting instructor from the new Child Welfare grant.
• Build structured activities/exercise/outlets into this system.

ADULT
• Family Support Group / Educational and Support. To be taken over by family members.
• Client driven/client managed open drop in groups for those in recovery.
• Wide array of supports.
• Peer mentoring.
• Apply for innovative money for a full employment/recovery system for Yosemite.
• Apply for prevention or innovation money to fund a senior outreach program for seniors suffering loneliness and mild depression.
• Other actions as needed to build an adult system of care.