RECOMMENDED ACTION AND JUSTIFICATION:
It is respectfully recommended that your Board: (1) review and approve the amended planning budget in the amount of $78,905; (2) order that these dollars be kept in a separate fund so that unspent money rolls into the next fiscal year; (3) authorize the department to expend the money for the purpose intended; (4) allow us to utilize members of the recovering community actively involved in the Phoenix Writers Club to assist us to finalize the program grants; and (5) re-approve the following:

3. A professional service contract with Ms. Jan Stutzman to draft the complex grants necessary for the later release of program money;

4. And increase the staffing pattern in Mental Health to include a half time Office Technician.

BACKGROUND AND HISTORY OF BOARD ACTIONS:

Please see attachment.

ALTERNATIVES AND CONSEQUENCES OF NEGATIVE ACTION:

Please see attachment.

Financial Impact? ( ) Yes (X) No Current FY Cost: $
Budgeted In Current FY? ( ) Yes ( ) No ( ) Partially Funded
Amount in Budget: $
Additional Funding Needed: $
Source:
Internal Transfer
Unanticipated Revenue 4/5's vote
Transfer Between Funds 4/5's vote
Contingency 4/5's vote
( ) General ( ) Other

Annual Recurring Cost: $

List Attachments, number pages consecutively
Board Memo, Pages 1-2
Prop 63 meeting agenda, Page 3
Cultural Competence Policy, Page 4
Mental Health Groups Available List, Page 5
Budget Action Form, Page 6
Proposed Program Planning Budget Worksheet, Pg. 7
(Attachment I) PowerPoint overheads, Pages 8-31
(Attachment I)Prop 63 Meeting Attendance Sheets, Pages 32-38
(Attachment II) Plop, Plop the Raindrop Story written by the Phoenix Club, Pages 39-45

CLERK’S USE ONLY:
Res. No.: 05-223 Ord. No.____
Vote – Ayes: ______ Noes: ______
Absent: ______
Approved ______
( ) Minute Order Attached ( ) No Action Necessary

The foregoing instrument is a correct copy of the original on file in this office.
Date: ______
Attest: MARGIE WILLIAMS, Clerk of the Board
County of Mariposa, State of California
By: ______
Deputy

COUNTY ADMINISTRATIVE OFFICER:
( ) Requested Action Recommended
( ) No Opinion
Comments:

CAO: _____

Revised Dec. 2002
TO: CHERYLE RUTHERFORD-KELLY, Human Services Director

FROM: MARGIE WILLIAMS, Clerk of the Board

SUBJECT: AGREEMENT WITH JANET K. STUTZMAN

Resolution No. 05-223

THE BOARD OF SUPERVISORS OF MARIPOSA COUNTY, CALIFORNIA

ADOPTED THIS Order on May 24, 2005

ACTION AND VOTE:

Cheryl Rutherford-Kelly, Human Services Director;
Approve Budget Action Accepting Proposition 63 Revenue and Corresponding Appropriations ($78,905);
Allocate and Fund a Permanent Part-Time Office Technician Position (.5 FTE) to the Proposition 63 Fund;
Allow the Utilization of Members from the Recovering Community Who have Formed the Phoenix Writers Club;
Approve Professional Services Contract with Jan Stutzman to Assist with Grant Preparation in the Amount of $19,500; and Authorize the Human Services Director to sign the Contract (4/5ths Vote Required)

BOARD ACTION: Discussion was held with Cheryl Rutherford-Kelly relative to the request. (M)Fritz, (S)Bibby, Res. 05-223 was adopted approving the recommended actions; with direction for the County Administrative Officer and County Counsel to review the agreement/Ayes: Unanimous. Tom Guarino, County Counsel, noted that the Professional Services Contract needs to be signed by the Chair. (M)Fritz, (S)Bibby, the previous action was amended to authorize the Chair to sign the Professional Services Contract versus the Human Services Director, pending review by County Counsel and the County Administrative Officer/Ayes: Unanimous.

cc: Mary Hodson, Deputy County Administrative Officer
    Ken Hawkins, Auditor
    Sandi Laird, Administrative Analyst
    File
May 11, 2005

TO:    Members, Board of Supervisors
       Rich Inman, CAO
FROM: Cheryle Rutherford-Kelly
RE:    Behavioral Health / Proposition 63 Mental Health Services Act Planning Money

Recommendation

It is respectfully recommended that your Board: (1) review and approve the amended planning budget in the amount of $78,905; (2) order that these dollars be kept in a separate fund so that unspent money rolls into the next fiscal year; (3) authorize the department to expend the money for the purpose intended; (4) allow us to utilize members of the recovering community actively involved in the Phoenix Writers Club to assist us to finalize the program grants; and (5) reapprove the following:

1. A professional service contract with Ms. Jan Stutzman to draft the complex grants necessary for the later release of program money;
2. And increase the staffing pattern in Mental Health to include a half time Office Technician.

Background

Proposition 63, the tax on millionaires to support mental health programs, was passed by the voters in November, 2004. Planning money was released to the counties contingent upon the submission of a planning grant. The State is requiring a very lengthy and complex planning process followed by detailed grant applications before they will allow any program money into the counties.

On February 15, 2005, your Board authorized (Resolution Number 05-52) the department to apply for the $78,905 planning grant set aside for this County. You asked for a revised budget and agreed to allow us to hire a half time Office Technician and to negotiate with a contractor to assist with the preparation.

Current Situation

The County received the planning grant as submitted. The department held a large community meeting on May 4, 2005 to discuss mental health needs and to commence joint planning with all interested parties. A list of attendees, agenda and overheads are attached for your information (Attachment I).

County allocations for the large program grants have not been established. Supervisor Pickard has been working with RCRC to lobby for adequate, minimum based funding for the small counties. In spite of the lack of allocations, counties are preparing to meet the unusually difficult requirements necessary for the release of program monies once those dollars are available.
The state is indicating that each county must plan for five 5 areas and submit not only grants but three year expenditure plans. The five areas we must focus on are:

1. Capital facilities and technical services
2. Children's System of Care*
3. Adult Systems of Care (Adult and Older System of Care)*
4. Prevention and Early Intervention
5. Innovation
   *Now called community services and support.

To accomplish these tasks, we will be utilizing the half time Office Technician and a grant writer who has previously worked for this County. In addition, we would like to utilize those clients who have made excellent progress over the past few months and have organized a writer's club. Such an approach is in harmony with the philosophy that the seriously mentally ill can recover. The majority of mentally ill people are not dangerous and can recover and lead very productive lives. Locally, our socialization clients have organized themselves into what they have named the Phoenix Writer's Club. They are not only writing short stories, but are planning to put on a puppet show for children. Several of their members are planning to pursue advanced education. A copy of one of their stories is attached for your review (Attachment II). It is my belief that their assistance with the final program grants will put zip and life into the proposals and make them more competitive.

**Financial**

There is now $78, 905 available to this County for planning purposes. The money has been released to the County by the State. That money will be used for the purpose intended which is to help us to secure larger amounts of money in the specific program areas listed above. Program allocations have not been established.
MARIPOSA COUNTY
HUMAN SERVICES DEPARTMENT
P.O. Box 99 • Mariposa, CA 95338 • (209) 966-2000 • Fax (209) 966-8251
Behavioral Health and Recovery Services • Community Action • Housing Authority • Public Guardian/Conservator • Social Services
CHERYLE RUTHERFORD-KELLY, MSW, DIRECTOR

AGENDA

Mental Health Services Act
Planning Meeting
Lutheran Church
May 4, 2005
10:00 a.m. – 4:00 p.m.

10:00 a.m. Welcome – Cheryle Rutherford-Kelly
The Recovery Model
Very Brief Overview of the Mental Health Services Act
Questions/Answers and the Unknowns

10:15 a.m. Local Mental Health Services Currently Available – John Lawless
Questions and Answers

10:45 a.m. Small Group Discussion of Needs – Self Select Into Areas of Interest
Children’s System of Care
Adult System of Care
Services for the Elderly
Forensic Mental Health, including jail services
IT and Facilities
Stigma
Other Group(s) if desired by attendees

Noon Working Lunch

3:00 p.m. Debriefing – Each Group Advises of Ideas/Priorities
Each small group presents ideas and priorities

Next Steps
Adjournment

With special thanks to Pastor Paul Theiss for allowing us to meet in the Church and assisting with the strengthening of the Planning Grant that made today possible.
Cultural Competence Policy

It is the policy of the Mariposa County Human Services Department to encourage the clients to be the guide, the expert, in their culture and to work with individuals and families in a manner that is respectful and sensitive of differences. The department utilizes a social work approach, working with an individual who defines their culture, rather than a sociological method that defines a group.

The Human Services Department utilizes the Green/Tabbert model when dealing with diversity, cultural competency and sensitivity. Their work indicates there is no such thing as cultural competence simply because there is so much diversity, so many ethnic groups and sub groups, that staff cannot be expected to be experts in all of the cultures that they might interface with. Staff will work with clients who are different than themselves (as we are all different from one another) in a respectful and sensitive manner.

The client is the guide to their own culture, as only they know their own hopes and fears. Agency staff are not to “assume” they know something about a particular person because of any prior training about an entire group of people. If staff wishes to know something about a client’s background, they can ask the client in a respectful manner i.e. “what was it like for you growing up on a reservation?” or “could you tell me about what it was like for you to go to Princeton?” or “when your parents came to the United States, what was it they hoped for?” or “what are your hopes for yourself and your children?”

It is the responsibility of each employee, no matter their position in the agency, to be non-judgmental of behavior and look towards a person’s intentions and assist them by building on their strengths.

This policy allows staff to work with people in a respectful manner; allows the client to have some expertise (about their own culture) that the counselor does not have; encourages a professional relationship in which client and staff learn from one another to some extent; discourages staff from projecting ideas about a group of people onto an individual; promotes acceptance of people who are different from one another; and reduces the potential for charges of discrimination.
Mental Health Groups Available

- **Monday:**
  - 11:30 - 1:00 P.M. Women's Bipolar Group
  - 5:30 - 7:30 P.M. Parenting Group

- **Tuesday:**
  - 9:15-10:45 A.M. Co-Occurring Disorders Group
  - 11:00 - 1:00 P.M. Veterans Group
  - 1:30 - 2:45 P.M. Group (To be announced)
  - 3:45 - 4:45 P.M. Middle School Girls
  - 5:00 - 6:30 P.M. Anger Management (Women)

- **Wednesday:**
  - 12:00 - 1:30 P.M. Dealing with Depression (Men and Women)
  - 2:00 - 3:30 P.M. Adolescent Boys Group
  - 2:00 - 3:30 P.M. Kids Group
  - 2:30 - 3:30 P.M. Teen education Group (Co-Occurring)
  - 3:00 - 4:00 P.M. Teen Girls Group
  - 5:30 - 7:00 P.M. Anger Management (Men)

- **Thursday:**
  - 9:30 - 11:00 A.M. Men's Group (Yosemite)
  - 11:00 - 12:30 P.M. Coping with anxiety and Panic
  - 11:00 - 1:00 P.M. Socialization Group (Phoenix Club)
  - 3:30 - 5:00 P.M. Women's Issues
  - We plan to add a 52 week Child Abuse Group to this list by May 15th.

- **Friday:**
  - 10:30 - 12:00 P.M. Senior Transition Group
  - 3:30 - 5:00 P.M. Teen Anger Group

When making referrals, please encourage your clients to call the clinic for an appointment and an assessment. Once they have been assessed, clients will discuss available groups with the clinician and together they will choose the most appropriate groups. When looking at groups please consider the days and times of availability.
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</table>

**TOTALS**

**Action Requested:** (Check all that apply)

(X) Budget appropriation by Board of Supervisors (4/5ths Vote Required): Amending the total amount available in the county budget, or in any one fund of the budget, or transferring appropriation from Contingencies

() Transfer by Board of Supervisors (3/5ths Vote Required): Moving existing appropriations from one budget to another, or between categories within a budget unit

**Justification:** Fund and budget lines for proposition 63 Mental Health Services Act.

---

**Dept Head Signature**

**Date** 5-13-05

**Approved by Res No.** 05-223

**Clerk**

**Date** 5-24-05

**Department** Human Services-Behavioral Health

**Auditor's Use Only**

**BA #**

Budget Revision Form Revised 07/2000
## ATTACHMENT C-1
### Fiscal Year 2004-05 Mental Health Services Act
### Proposed Program Planning Budget Worksheet

**Date:** 5/10/05

<table>
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<tr>
<th>County: MARIPOSA</th>
<th>County Mental Health Department</th>
<th>Community Mental Health Contract Providers</th>
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<td>c. Employee Benefits</td>
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<td>d. Total</td>
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<td><strong>2. Consumer and Family Member Support</strong></td>
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<td>f. Total</td>
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<td>c. County Probation Agency</td>
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AGENDA

- 10:00 a.m. Welcome – Cheryle Rutherford-Kelly
  The Recovery Model

- Very Brief Overview of the Mental Health Services Act
- Questions/Answers and the Unknowns
- 10:15 a.m. Local Mental Health Services Currently Available – John Lawless
- Questions and Answers
- 10:45 a.m. Small Group Discussion of Needs – Self Select Into Areas of Interest
- Children’s System of Care
- Adult System of Care
- Services for the Elderly
- Forensic Mental Health, including jail services
- IT and Facilities
- Stigma
- Other Group (s) if desired by attendees

- Noon Working Lunch

- 3:00 p.m. Debriefing – Each Group Advises of Ideas/Priorities
- Each small group presents ideas and priorities

- Next Steps
- Adjournment

With special thanks to Pastor Paul Theiss for allowing us to meet in the Church and assisting with the strengthening of the Planning Grant that made today possible.
Recovery Model
1% of income over $1 million.

Tax on Millionaires

Proposition 63
Statewide dollars are as follows:

- $254 Million in FY 04/05
- $683 Million in FY 05/06
- $690 Million in FY 06/07
- $ for Mariposa = UNKNOWN
- We have received a small planning grant of $78,905
Local Allocations Unknown

✓ We plan today not knowing how much we will actually receive for programs. That is why, when you break out into small groups according to your area of greatest interest, each group must begin to set priorities.

✓ We may be able to only fund one project fully but strengthen other areas. Some of your ideas may not cost a lot or have other revenue or efforts underway.

✓ Minimum Allocations – RCRC

✓ Planning Grant was based on each county receiving a minimum of $75,000.

✓ Plus the county’s portion of prevalence of mental illness in households under 200% of poverty.
How the State Can Spend Its Money

1. Capital facilities and technical services
2. Community Services and Support (prior to last week, called “Systems of Care”).
   ✓ Children’s System of Care
   ✓ Services for Transition Age Youth
   ✓ Adult Systems of Care
   ✓ Elder Systems of Care
   ✓ Other Systems as yet unspecified by the State
3. Education and Training (Universities/Medical Schools, not for county staff development).
4. Prevention and Early Intervention
5. Innovation
How the County Can Spend Money

The state is indicating that each county must plan for the areas listed below:

- Community services and supports for children.
- Community services and supports for adults and older adults.
- The needs of transitioning youth must be considered.
- Plans for prevention and intervention.
- Plans for innovation.
- Technological and capital facilities need.
- Identify shortfalls.
- Maintain a prudent reserve.
- Submit a three year financial plan.
Mariposa County Behavioral Health and Recovery Services

Current Mental Health Programs
Services

Overview of Current Services

Locations
- Main clinic
- Heritage House
- Out clinics in Yosemite and Coulterville
Staff

- Medical Direction:
- Current staff:
  - Clinical Psychologist
  - Clinical Social Workers
  - Marriage and Family Therapist intern
  - Case Managers:
- Student intern:
Current Treatment

- Short Term Therapy
- Case Management
- Telepsychiatry
Current Crisis Services

- Crisis Services availability
- During business hours
- After hours
Current Groups

- 20 MH
- 11 AOD
Mental Health Groups Available

Monday:
- Women's Bipolar Group
- Parenting Group

Tuesday:
- Co-Occurring Disorders Group
- Veterans Group
- Group (To Be Announced)
- Middle School Girls
- Anger Management (Women)
Mental Health Groups (Cont.)

- **Wednesday:**
  - Dealing with Depression (Men and Women)
  - Adolescent Boys Group
  - Kids Group
  - Teen Education (Co-Occurring)
  - Teen Girls Group
  - Anger Management (Men)
Mental Health Groups (Cont.)

- **Thursday:**
  - Men’s Group (Yosemite)
  - Coping with anxiety and Panic
  - Socialization Group
  - Women’s Issues
  - Child Abuse Group 52 Weeks (To begin May 15th)
Mental Health Groups (Cont.)

- **Friday:**
  - Senior Transition Group
  - Teen Anger Group
Progress

- Since June of 2004
- Example:
  - Waiting list
  - Groups
  - Progress in short term therapy
  - Socialization group
The Future

- Services to adults and the elderly
- IT
- Prevention
- Forensics
- Children
  - Result of the loss of Children’s System of Care
- Innovation
Famous People who have suffered from Mental Illness

- Abraham Lincoln
- Virginia Woolf
- Lionel Aldridge
- John Nash
- Eugene O'Neill
- Ludwig van Beethoven
- Robert Schumann
- Tennessee Williams
- Jay Mahler
Famous People who have suffered from Mental Illness (Cont.)

Vincent Van Gogh
Isaac Newton
Ernest Hemingway
Sylvia Plath
Winston Churchill
Jimmy Piersall
Patty Duke
Socialization Group

- The socialization group:
  - Name Change
  - 9 mini stories
  - Staff Lunch
At this time we will break into small groups.
<table>
<thead>
<tr>
<th>PLEASE PRINT Name</th>
<th>E-mail or phone number</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Phillips</td>
<td><a href="mailto:jphillips@marquiscounty.org">jphillips@marquiscounty.org</a> 966-3609 x 229</td>
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<tr>
<td>Mary Chisum</td>
<td></td>
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<td>Brian Blew</td>
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<td>Eileen Jones</td>
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<td>Kathy Delaney</td>
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<tr>
<td>Dusty Luke</td>
<td><a href="mailto:conlan@stn.net">conlan@stn.net</a></td>
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<tr>
<td>Joan Conlan</td>
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MEETING DATE: May 4, 2005

MHSA MEETING
Stigma
ATTENDANCE SHEET

PLEASE PRINT Name
Carol Johnson
LINDA PATERNA
IVEY WEIR
JACKIE HENDERSON
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<tr>
<td>Dorothy Landovitch</td>
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<tr>
<td>Sue Coop</td>
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<td>Anita Petrich</td>
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<td>Howard Davies</td>
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<td>Bob Brown</td>
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<td>Duncan Laine</td>
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<td>Dave Gooden</td>
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<td>Janet Gass</td>
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<td>Carol Williams</td>
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<td>Ann Allemong</td>
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<td>Maureen Hanna</td>
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MEETING DATE:     May 4, 2005

MHSA MEETING
Adult Systems of Care
ATTENDANCE SHEET

PLEASE PRINT Name

REBECCA MAJETZO
JENNIFER MCCLAIN
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Edie Edmiston
Debbie Smith
Angela Dirks
Adam Agilvio
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<tr>
<td>Angela Weiss</td>
<td>9166-2442</td>
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<td>Chris Fredlund</td>
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<td>Alice Leyd</td>
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<td>James Cross</td>
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<td>Cindy Lakes</td>
<td>9166-3609</td>
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<td>Hope Morton</td>
<td>9166-3609</td>
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MEETING DATE: May 4, 2005

MHSA MEETING
IT
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Shaw F. Stang
Pat Kuhlman
Sharon Johnson
Ruth Pool

9/06-3/09
Pat Kuhlman, maysco county
9/06-3/09
9/06-3/09
PLOP PLOP THE RAIN DROP

Written by the Phoenix Club

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Plop Plop The Rain Drop

Plop Plop the rain drop lived in a very heavy cloud with all of her family.

"Sakes alive," said her grandfather. "I'm turning gray."

"Why is that?" said Plop Plop the baby raindrop.

"I don't know why child. I only know every time I get gray I fall down, down, down through the sky."

Plop Plop turned to her mother. "Mommy I'm scared. I'm turning gray too. Will I fall down too?"
“Yes, honey. Soon we will fall down, down, down through the sky. But it will be all right. Trust me.”

Within the hour the cloud that was their home grew even darker. Plop Plop felt heavy and sleepy. “I don’t like this mommy. What are we going to do? Tell me again.”

“We are going to rain and it is very beautiful. We form a lovely curtain that falls to the earth and its seas. Children like you play in the puddles we make. The birds of the air sing lovely songs to us when the sun returns and the land is shiny again. It is what we do Plop Plop. It is what we do.”

“I’d like to form a puddle,” said Plop Plop. “And see the other children.”

“Why I helped make a puddle for Buffalo Bill Cody when he was a child,” said grandpa.

“Not now Grandpa, “ his daughter sighed. “We haven’t time.”
The cloud that was their home rumbled and billowed

and then so sweetly they began to fall through the sky
“Oh, mommy, this is fun. Is that Earth below us?”

Plop Plop asked.

“Indeed it is a child. Can you see the children below spinning around and laughing? They like us and are waiting to play.”

Before she could say; “Oh my gosh, Plop Plop and her mother and all her relations, even goofy Grandpa were forming a puddle for the children to play in. One girl, the others called Cindy was as silly as Plop Plop and she dropped an ice cream stick into the puddle, got down on her knees and pushed the ice cream stick as it floated; making
noises like a little boat as her friends placed their ice cream sticks in the puddle and made various boat noises as well.

"Can we stay here forever mommy?" Plop Plop asked.

"For a while my little one. For soon the sun will shine and then we will be drawn back up into the sky as mist. In time we will form a cloud again and then at the appropriate
time we will again form a curtain of rain and then we will
be puddles once more for the nice ones with their ice cream
sticks.

"I like that mommy," Plop Plop said.

"I do to."

And the little children playing in the puddle laughed
and made silly, silly noises and the day was good.