RESOLUTION - ACTION REQUESTED 2016-316

MEETING: June 21, 2016

TO: The Board of Supervisors

FROM: Chevon Kothari, Human Services Director

RE: Ratify the Director's Signature on the Application for a Mental Health Block Grant

RECOMMENDATION AND JUSTIFICATION:
Ratify the Human Services Director’s signature on the application for a Substance Abuse Mental Health Services Administration (SAMHSA) Mental Health Block Grant (MHBG) for funding of the First Episodic Psychosis (FEP) and the Mi Wu Mati Healing Center programs in the Amount of $168,116.

Mariposa County Human Services submitted a grant application through the Department of Health Care Services Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of $168,116 for State Fiscal Year (SFY) 2016-2017. The application was submitted prior to receiving Board approval due to a short turnaround time with a due date of June 20, 2016. These funds will be used to establish or expand community-based systems of care for providing mental health services to adults with serious mental health illness (SMI) and children with serious emotional disturbance (SED).

The Human Services Department relies on internal resources from its Behavioral Health and Recovery Services (BHRS) division and community partners to implement two vital programs for specific target populations. The Mariposa County First Episode Psychosis (FEP) program leverages MHSA Adult and Children Full Service Partnership programs, the MHSA Innovation Program and our BHRS Mental Health Triage Grant team. The Triage team provides early screening and detection, education and outreach to other providers that may help to identify psychosis, and quick linkages to appropriate treatment when psychosis is identified. Through the Innovation Program, clients in the FEP program are eligible for the following services: regular team meetings, education about schizophrenia/psychosis and its treatment for individuals and their families, psychiatric medication services for symptom management, strategies for managing mental illness, help getting back to school and work, and supportive housing services. The linkages between Mariposa County BHRS and other community agencies serve a long term benefit to the County, as research validates earlier intervention, with the right supports, leads to better treatment outcomes.

Mariposa County BHRS also provides oversight and advisory supervision of Mi-Wu Mati Healing Center, ensuring delivery of services for Native American clients. Mi-Wu Mati Healing Center functions as an outpatient counseling service and serves as a community center. The
Center provides outpatient mental health counseling to children and adults with serious emotional problems from the Native American community. Mental Health services provided by the clinic include: individual, family, group and crisis counseling services during business hours. Mi-Wu Mati will have access to MCBHRS after-hours crisis services as well.

The attached proposal and plan were developed to fund the following strategies should funds be awarded:

**FEP**

- Client referrals for ongoing services with counselor and case managers in MHSA Innovation Program or MHSA Children or Adults Full Service Partnership Programs.
- Complete assessment and treatment plans to ensure clients receive Wraparound like supports that are found to be evidence based for the treatment of FEP.

**Mi-Wu Mati**

Capacity building will continue to be a point of emphasis for this program. This will include the following:

- Continuing to update and modify documentation for assessments, treatment plans and progress notes and releases of information.
- Continue to provide services three (3) days per week.
- Continue building the case load while maintaining best practices for the current case load.
- Provide services to 75 mental health SMI or SED clients by June 30, 2017. Provide at least two (2) cultural/community education events by June 30, 2017.

**BACKGROUND AND HISTORY OF BOARD ACTIONS:**
The Board has previously authorized SAMHSA grant applications.

**ALTERNATIVES AND CONSEQUENCES OF NEGATIVE ACTION:**
Should the Department need to withdraw the grant application, the needs of those in our County will go unaddressed and First Episodic Psychosis patients and Native American specific programs will not be fully funded.

**FINANCIAL IMPACT:**
This grant is budgeted for FY 16/17 in the Behavioral budget unit in the amount of $168,116. There is no impact to the County General Fund.

**ATTACHMENTS:**
SAMHSA Grant FY 16-17 (PDF)

**CAO RECOMMENDATION**
Requested Action Recommended
RESULT: ADOPTED BY CONSENT VOTE [UNANIMOUS]
MOVER: Rosemarie Smallcombe, District I Supervisor
SECONDER: Marshall Long, District III Supervisor
AYES: Smallcombe, Jones, Long, Cann, Carrier